

REGISTRATION INFO

To Sponsor One Runner/Walker:

- Cost: \$100 each
- One participant runner or walker
- One t-shirt per sponsored runner or walker
- Business logo on sign at the race
- Business logo on all t-shirts

(Business logos on shirts and signs are not guaranteed unless all monies and paperwork are turned in before January 25, 2010.)

To Enter as Individual Runner/Walker:

- Cost: \$25 each
- Entry due on or before January 25, 2010 to receive free t-shirt

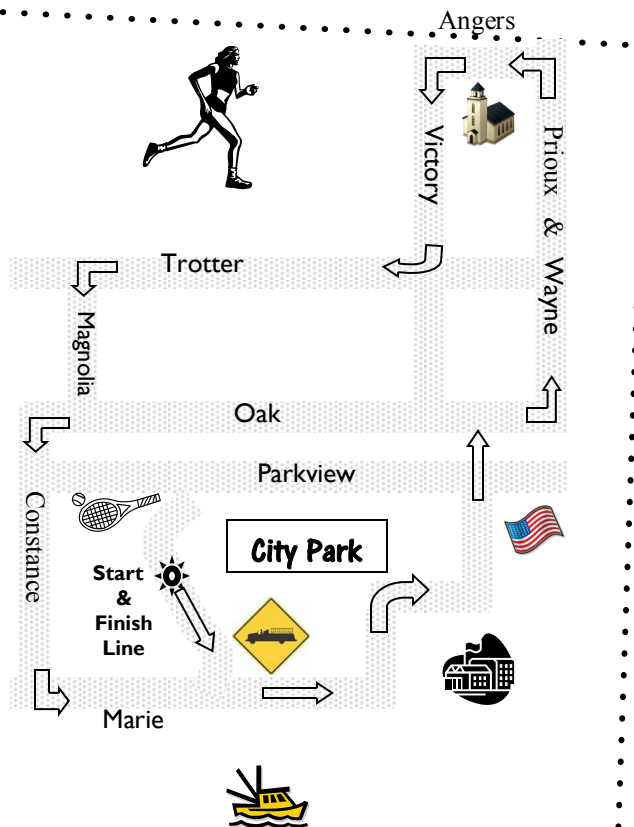
Race Registration Times :

7:00 am registration begins
8:00 am race starts

Registration will be next to the New Iberia City Park Senior Citizens Building, 401 Marie Street.

For more information, call Monique at 337-380-7549, Danette at 337-339-2826 or HBC at 337-365-5471.

5K MAP



Water and fruit will be given at finish line.

Many Highland Baptist Church members host Belarusian children in their homes every summer for six weeks. Each summer away from Belarus' radiated lands gives their bodies a rest from the physical and emotional stress of living in a radiation contaminated environment.

Your contributions today help defray increasing airline cost to bring these children to America. Thank you for continued support each year.

5K AWARDS

FEMALE & MALE

OVERALL

PER AGE GROUP

- 10 yrs & under
- 11 yrs-15yrs
- 16 yrs-19yrs
- 20 yrs-29 yrs
- 30 yrs-39 yrs
- 40 yrs-49 yrs
- 50 yrs-59 yrs
- 60 yrs-69 yrs
- 70 yrs & up

Send entries to:

**Highland Baptist Church
ATTN: ABRO 5K
607 Victory Dr
New Iberia, LA 70563**

Make check payable to **HBC**
Write **ABRO 5K** in the memo
Or
Register online @ www.active.com

REGISTRATION

Participants Name _____

Address _____

Phone _____

Fax _____

Email _____

Sponsor Name & Address: _____

(Please attach logo or business card)

Male Female Age on Race Day _____

SHIRT SIZES

ADULT

YOUTH

Small X Large
 Medium 2X Large
 Large 3X Large

Small
 Medium
 Large

Office Use Only: _____ Cash _____ Ck # _____

RACE RELEASE

I know that running a road race is a potentially hazardous activity. I attest and verify that I have full knowledge of the risks involved in the race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness, or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in the race. I assume all the risk associated with running in this event, but not limited to fall, contact with other runners, the effects of weather, including high heat and/or humidity, traffic and other conditions of the road, all such risk being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Highland Baptist Church and/or American Belarusian Relief Organization and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission and release the rights to any photographic material and computer information that Highland Baptist Church and/or American Belarusian Relief Organization may wish to release for this event without obligation to me.

Participants Signature

Parent Signature (if under 18)

*"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."
Jeremiah 29:11*

The purpose of the American Belarusian Relief Organization at Highland Baptist Church is for every Belarusian Child to be given the opportunity to know Christ through Christ-centered families, providing them spiritual, emotional and physical healing.

Belarus, a small country, which was part of the former Soviet Union, received approximately 70% of the radiation damage from the April 26, 1986 Chernobyl nuclear power plant explosion. The southern third of Belarus received the most radiation. The explosion released 90 times as much radiation as the Hiroshima Bomb. This has affected the health of the people, especially the children, due to its effect on the immune system. This has resulted in thyroid disease and thyroid cancer, an increase of leukemia and birth defects and vitamin deficiencies.

In 1991 members of the Connecticut River Valley Fellowship, a Baptist Church in South Windsor, Connecticut, welcomed 13 children and two adults from the Mogilev region of Belarus. They housed the children for a period of six weeks, giving their bodies a rest from the physical and emotional stress of living in a contaminated environment. If the children are removed from the area for that approximate period of time, the level of radiation in their bodies is lowered.

From this experience ABRO was born as a unique partnership between peoples of both Belarus and the United States.

**5K Run/
Walk**

**Running
from
Radiation**

**February 6, 2010
8:00 a.m.**



American Belarusian Relief Organization