



The SUPER COOPER HEART RUN! ~ Lafayette
November 22, 2008 5K & 1 Mile Run/Walk



When? ~
 Saturday, Nov 22, 2008

Where? ~ Casa Ole ~ 2312 Kaliste Saloom Rd., Lafayette

What Time? ~ Registration Begins @ 7 a.m. 8:15 a.m. = 1 Mile Fun Run with the 5K Run following immediately after.

How Much does the 5K Heart Run Cost? ~ \$17 Through Nov. 8th ~ \$20 After Nov. 8th (Race Day Registration @ Casa Ole)



\$2 Discount for CRRRC Members



How Much does the 1-Mile Run Cost? ~ \$7 Through Nov. 8th ~ \$10 After Nov. 8th (Race Day Registration @ Casa Ole)

Packet Pick Up? ~ Race Day @ Casa Ole

Are There Any Prizes? ~ – (Men & Women) 3 deep for 5K overall & following age groups:
 14-Under; 15-19; 20-29; 30-39;
 40-49; 50-59; 60-Over

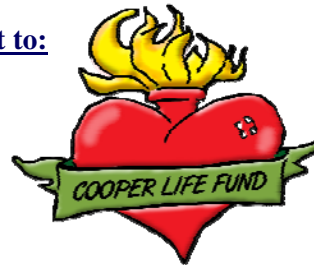
DJ, Refreshments, Door Prizes and Award Ceremony immediately following the race

Who Do I Contact For More Info? ~
 John or Ashley Fontenot
 985-580-2555 or 337-523-3378

What's the Cooper Life Fund? ~ The Cooper Life Fund is a nonprofit organization created with an objective to develop methods of raising money for charitable heart organizations. John and Ashley Fontenot founded the organization after their son Cooper Fontenot was born in 2004 with a Congenital Heart Defect. Cooper spent many weeks in the hospital and when he was only 9-days old endured several hours of open-heart surgery. He is alive and well today because of great medical care and because of intensive cardiovascular research. Visit us at www.cooperlifefund.org.

Entry Fee made out to:

Cooper Life Fund
 2030 Savanne Rd.
 Houma, LA 70360



Who Benefits? ~ The Cooper Life Fund has selected **Camp Bon Coeur** (Camp Good Heart) to receive all proceeds in Cooper Fontenot's name. Camp Bon Coeur is a local rehabilitative cardiac camp for kids. www.heartcamp.com



Deadline for Early Entry – Nov. 8, 2007

ENTRY FORM – Please Print Clearly

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-Mail: _____

Circle one: 5K Run/Walk 1 Mile Run/Walk

Please circle your selections below:

Age (on race day): _____ Male Female

T-Shirt Size: S - M - L - XL - Youth S - Youth M

Entry Fee Amount Enclosed \$ _____

All pre-registered participants are guaranteed a Super Cooper Heart Run T-shirt. Race day registrants will be given a T-shirt on a first come first serve basis. In consideration of you accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the Cooper Life Fund, Camp Bon Coeur, Casa Ole, any race officials, associated sponsors, their representatives, successors, and assigns for any injuries suffered by me in said event. I attest and verify that I will participate in this event as a foot race entrant, and that I am physically fit and have sufficiently trained for the completion of this event. I hereby grant permission for any officials associated with this event to use any photographs, videotapes or audio recordings from this event, as they deem appropriate.

Signature of Participant: _____

Parent's Signature (if under 18): _____

Date: _____